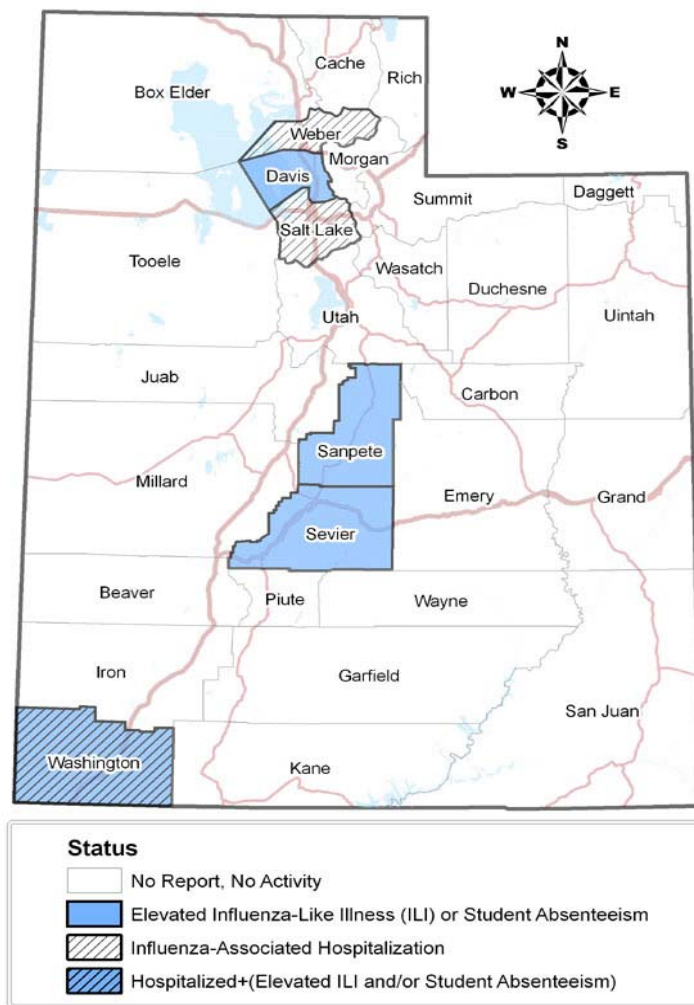


UTAH - WEEKLY INFLUENZA SUMMARY

MMWR Week 48 (11/26/05 - 12/3/05) - Posted 12/7/05

WEEKLY MAP OF UTAH INFLUENZA ACTIVITY



UTAH - WEEKLY INFLUENZA TEXT SUMMARY

Influenza Activity in Utah:

Since September 2005, eight hospital-associated influenza cases (laboratory-identified) have been reported in Utah. Of the eight cases, seven were type A and one was type B influenza.

In addition to collecting reports of influenza cases, public health also collects data on community influenza-like illness and student absenteeism. This helps to monitor the onset and severity of the influenza season.

As of 12/07/2005, no pediatric influenza-associated deaths have occurred (in persons under the age of 18 years).

Utah is currently experiencing "**Sporadic**" influenza activity. Click on the map to see what other states are reporting, as well as to access more CDC surveillance information.

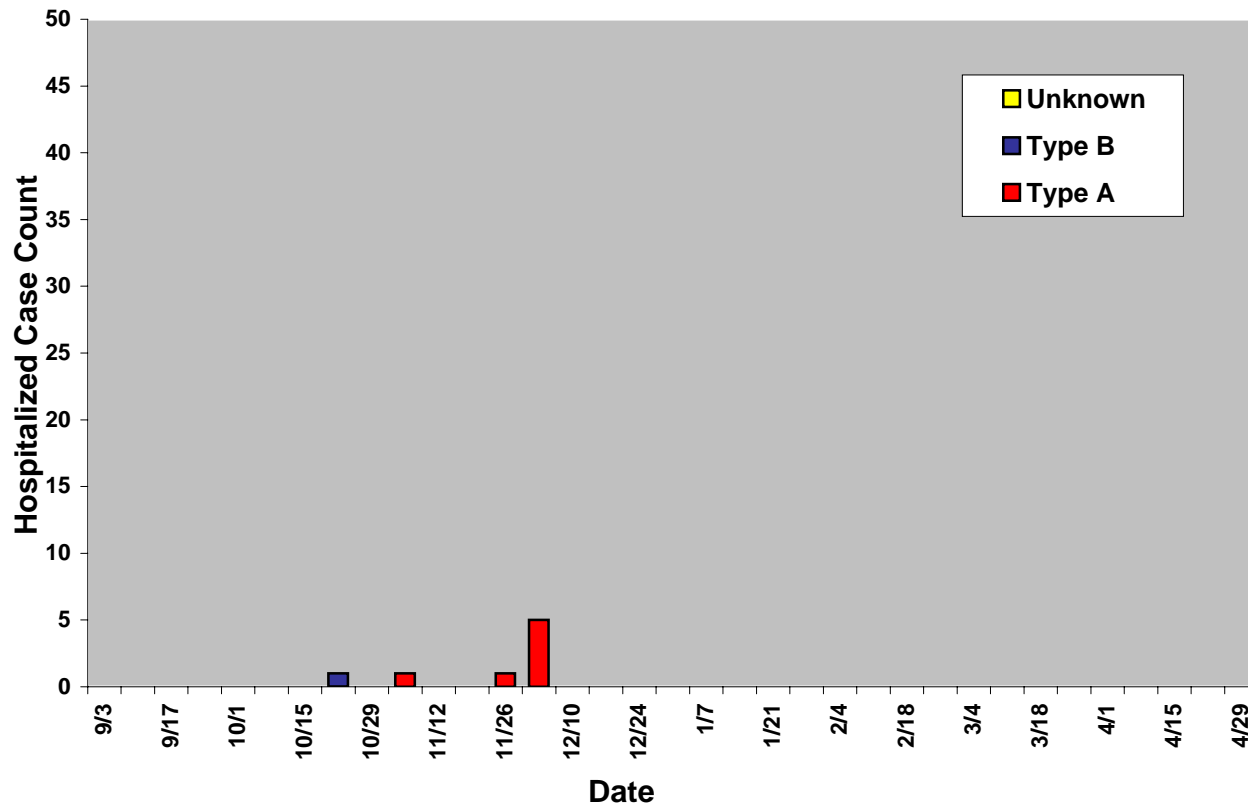


INFLUENZA PREVENTION

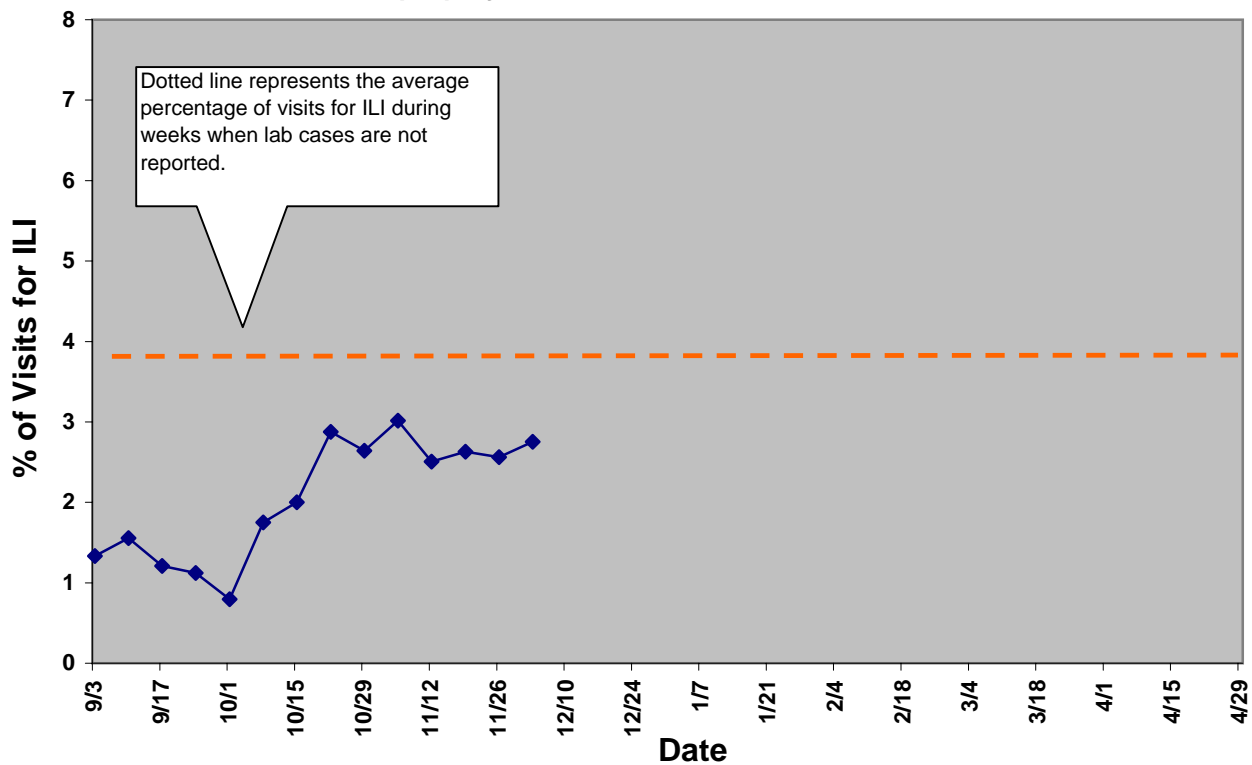
How to protect yourself and others:

1. Utahns should get an influenza vaccine.
**Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot.
2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.
** Stay away from other people when you are sick.
** Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away
** Wash your hands.
3. We urge schools and employers to be supportive of these preventive measures.

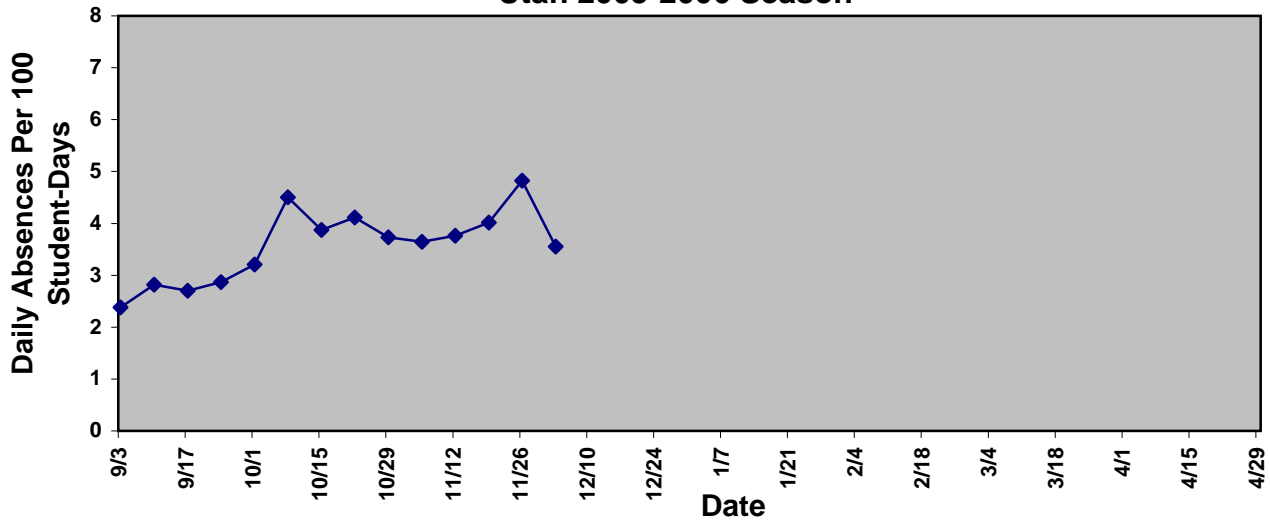
Influenza-Associated Hospitalization by Week and by Virus Type, Utah 2005-2006 Season



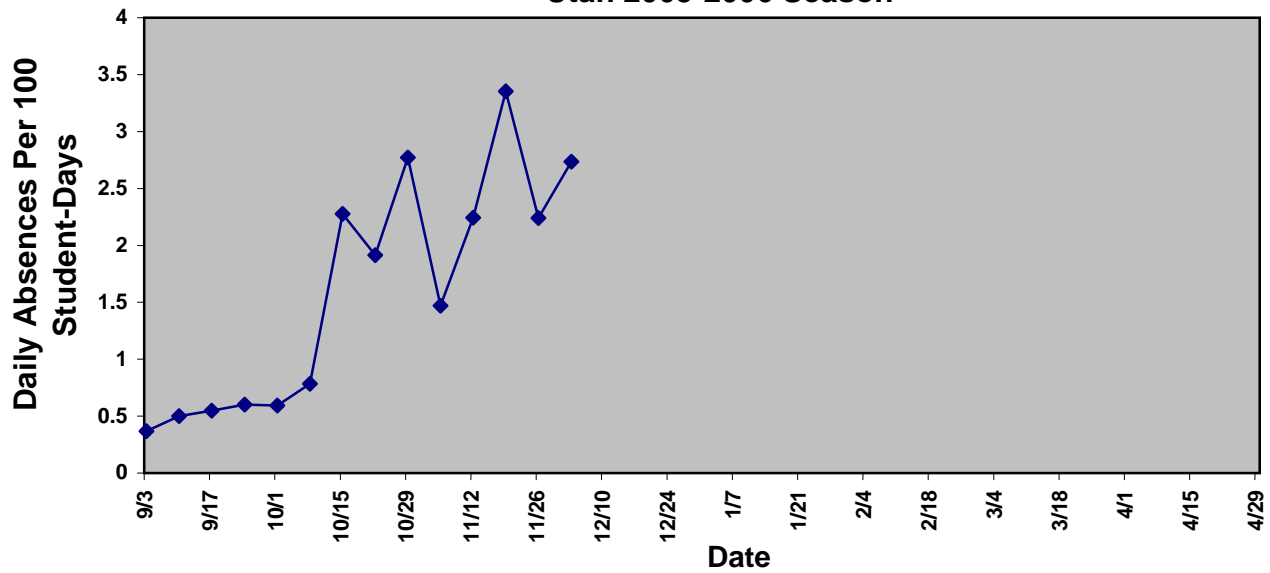
Percentage of Visits to Utah Sentinel Clinics that were for Influenza-Like Illness (ILI) by Week, 2005-2006 Season



**Student School Absenteeism Rate - All Absences, by Week,
Utah 2005-2006 Season**



**Student School Absenteeism Rate - Any Illness, by Week,
Utah 2005-2006 Season**



**Student School Absenteeism Rate - Influenza-Like Illness (ILI), by
Week, Utah 2005-2006 Season**

